

General Data Protection Regulation Statement

I only collect the personal information that I require to safely deliver reflexology, and at present this is on a paper form.

All information is then stored in a locked filing system and will be kept confidential unless there is a risk to the individual or to someone else.

You can request to view your information at any time in writing by email or letter and I will send your information within 28 days of receiving the request.

Information will be deleted when no longer required up to a minimum of one year post treatment.

Complaints can be made via the Information Commissioner's Office ico.org.uk. Please see online for further guidance.